



LUNCH MENU



## STARTERS

- Soup of the day served with sourdough bread (VO) (GFO) (Contains 1,6,7,9) ..... 5
- Caprese salad with fresh mozzarella, beef tomatoes, basil and olive oil (VO) (GFO) (Contains 6,7) ..... 7
- Chowder of fresh daily fish, salmon, cod, mussel meat served with sourdough bread (GFO) (Contains 1,2,4,6,7,9,14) ..... 8
- Crispy chicken wings tossed in hot sauce served with Cashel blue cheese dip and celery (Contains 1,6,7,9) ..... Sml 7 Lrg 11
- Homemade fish cake with a selection of poached fish combined with lemon zest, scallions, fresh coriander and creamy mash potato, breaded and golden fried (Contains 1,2,3,4,6,7,11,14) ..... 8

## SANDWICHES (All served with chips or soup) ..... 12

- Piri piri marinated chicken breast served with baby gem, sweet peppers and garlic mayo on sourdough bread (GFO) (Contains 1,3,6,8)
- Roast chicken sandwich with tarragon mayo, roasted herb tomatoes, pickled peppers and crispy mixed leaf salad (GFO) (Contains 1,3,6,8)
- Veggie sandwich in a crispy ciabatta bread stuffed with hardboiled egg, butternut squash, feta, black olives, capers, pickled onions and spicy aioli (Contains 1,3,6,7,8)
- Parma ham sandwich with roasted red peppers, grilled artichokes, baby spinach, buffalo mozzarella and pesto mayo (GFO) (Contains 1,6,7,8,12)
- Herb crusted organic fillet of salmon with honey mustard dressing, avocado, tomato and baby gem topped with flaked almonds (GFO) (Contains 1,3,7,8)
- Tuna melt sandwich with sweetcorn, red onion and lemon zest served with a mature red cheddar cheese and rocket salad (Contains 1,2,4,7)

## SALADS

- Classic Caesar salad served with marinated chicken breast, garlic croutons, crispy bacon and parmesan shavings (VO)(GFO) (Contains 1,3,6,10) ..... 12
- Superfood salad with quinoa, cucumber, avocado, sweet potato, broccoli, chickpeas, pomegranate seeds and spinach with lemon and rapeseed oil dressing (V)(GFO) (Contains 4,6) ..... 12 add chicken or salmon 3
- BBQ chicken salad with mix leaves, mango, mixed peppers and toasted cashew nuts with a sweet lime dressing (V)(GF) (Contains 5,6,8) ..... 12
- Grilled halloumi and vegetable salad served with rocket, pesto and a balsamic dressing (V)(GF) (Contains 6,7,8) ..... 11
- Greek salad with cherry tomatoes, cucumber, red onion, bell peppers, black olives and feta cheese with a oregano and caper dressing (V)(GF) (Contains 6,7) ..... 11

## MAINS

- O'Hara's beer battered fish and chips served with mint mushy peas and house tartar sauce (Contains 1,2,3,4,6,7,14) ..... 15
- Smoked chicken and chorizo penne in white wine and garlic sauce (Contains 1,3,6,7,9) ..... 13
- Odeon beef burger with Irish red cheddar cheese, lettuce, tomato, pickle and barbeque sauce served with fries (GFO) (Contains 1,3,6,7) ..... 14
- Crispy chicken burger with lettuce, slaw of carrots and celery, blue cheese and garlic mayo in a toasted brioche bun (GFO) (Contains 1,3,6,7,9) ..... 13
- Grilled striploin steak with sweet onions, peppers, mushrooms and wholegrain mustard mayo in a ciabatta bread (GFO) (Contains 1,6,7,10) ..... 14

## SIDES

- Fries (Contains 1) ..... 4
- Sweet potato fries (Contains 1) ..... 4.50
- Rosemary salt and parmesan fries (Contains 1,7) ..... 4.50
- Bread (Contains 1) ..... 1
- Mixed veg salad (V)(GFO) (Contains 6,12) ..... 4

## DESSERTS

- Homemade chocolate brownie served with vanilla ice cream (Contains 1,3,7,8) ..... 5
- Weekly cheesecake served with fresh cream and berries (Contains 1,3,7) ..... 5
- Eton mess with crushed meringue, raspberry coulis and whipped cream (Contains 3,7) ..... 5
- Selection of Ice cream (Contains 3,7) ..... 5

*GF - Gluten free / GFO - Gluten free option available / V - Vegetarian / VO - Vegetarian option available*

*1 Wheat / 2 Crustations / 3 Eggs / 4 Fish / 5 Peanuts / 6 Soya Beans / 7 Milk / 8 Nuts / 9 Celery / 10 Mustard / 11 Sesame Seeds / 12 Sulphur Dioxide / 13 Lupin / 14 Molluscs / 15 Barley*

*10% service charge applies to groups of 6+*