

ODEON



EARLY BIRD

MENU

2 COURSES €18

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3 COURSES €22

STARTERS

SOUP OF THE DAY 5.00

SERVED WITH SOURDOUGH BREAD
(CONTAINS WHEAT, 1, 6, 7, 9)

SEAFOOD CHOWDER 8.00

WITH FRESH SALMON, COD AND MUSSEL MEAT, COOKED WITH A SELECTION OF FRESH VEGETABLES
(CONTAINS WHEAT, 1, 2, 4, 6, 7, 9, 14)

SIZZLING TIGER PRAWNS 8.00

COOKED WITH BELL PEPPERS, ONIONS, GINGER, CHILLI, GARLIC, FINISHED WITH FRESH LIME AND CORIANDER
(CONTAINS 2, 4, 6)

BETROOT, ORANGE AND KALE SALAD 6.00

WITH BULGUR WHEAT, WALNUTS TOSSED IN ROASTED LEMON AND OLIVE OIL DRESSING
(CONTAIN BULGUR WHEAT, WALNUTS, 1, 8)

ROASTED CARROT, POMEGRANATE AND GOATS CHEESE TART 6.00

TOPPED WITH ROCKET SALAD WITH PESTO AND BALSAMIC DRESSING
(CONTAINS WHEAT, PINEUTS, 1, 3, 7, 8)

MAIN COURSES

ROAST CHICKEN 16.00

WITH POTATO FONDANT, SPICED CARROT PUREE, WILTED SPINACH AND JUS
(CONTAINS WHEAT, 1, 6, 7)

PAN FRIED SEA BREAM 16.00

WITH HERB BABY POTATOES, ASPARAGUS, SWEETCORN AND TARRAGON OIL
(CONTAINS WHEAT, 1, 4, 6, 7)

8OZ BLACK ANGUS FILLET STEAK 25.00 (6.00 SUPPLEMENT)

SERVED WITH CARAMELISED ONIONS, FLAT CAP MUSHROOM, GRILLED TOMATO AND POTATO PUREE
(CONTAINS 6, 7)

WILD MUSHROOM AND ASPARAGUS RISOTTO 13.00

TOPPED WITH PARMESAN CRUMB
(CONTAINS WHEAT, 1, 7, 9)

ODEON SUPERFOOD SALAD 14.00

QUINOA, CUCUMBER, AVOCADO, SWEET POTATO, BROCCOLI, CHICKPEAS, POMEGRANATE SEEDS, SPINACH WITH LEMON AND EXTRA VIRGIN OLIVE OIL DRESSING (SERVED WITH CHICKEN OR SALMON)
(CONTAINS 4, 6)

DESSERTS

HOMEMADE CHOCOLATE BROWNIE 5.00

SERVED WITH VANILLA ICE-CREAM
(CONTAINS WHEAT, WALNUTS)

BLACKBERRY PANA COTTA 5.00

SERVED WITH WHITE CHOCOLATE BURNT AND RASPBERRY JUS
(CONTAINS 7)

SELECTION OF ICE CREAM 5.00

(CONTAINS 7)

ALLERGEN INFORMATION:

1 GLUTEN | 2 CRUSTATIONS | 3 EGGS | 4 FISH | 5 PEANUTS | 6 SOYA BEANS | 7 MILK | 8 NUTS | 9 CELERY
| 10 MUSTARD | 11 SESAME SEEDS | 12 SULPHUR DIOXIDE | 13 LUPIN | 14 MOLLUSCS

10% SERVICE APPLIES TO GROUP OF 6+ / PLEASE BE AWARE THAT BILLS CANNOT BE SPLIT.